



## From the President's Corner...

By Mark Mirviss

Well as of September 21<sup>st</sup>, I'm happy to report that the first snow of the year fell up here in the Sierras. Happy for all but Eric Van Stralen (and his fiancé, congrats! Shana Whitehurst) and John Mukavitz who had to endure freezing temps after a cool morning dip in Lake Tahoe to start off the Ironman Triathlon on the 22<sup>nd</sup>. I'm sure they were less than pleased with our early taste of winter.

But despite the cool temps for the triathletes, it was a pleasant reminder that ski season is rapidly approaching. A cruel reminder occurred this very morning when I began my ski specific conditioning. I hope all of you are also getting into shape for the upcoming season.

I would like to thank Mike Braun for putting together an excellent schedule of races for us. I would also like to remind you of the need for volunteers in such areas as; race check-in, party coordination and prep, and of course officiating. I'm sure you're getting tired of hearing this, but the truth is, we are an all-volunteer organization, and extremely dependent on you to make this thing work.

It now seems like an opportune time to welcome and thank our two newest Board Members. Hamish Butler, (without whom, you would not be reading this missive) has agreed to take on the responsibility of VP, Communications. And, Diann Laing who is our new Secretary of the Board. Thanks again, and I hope everyone who reads this will remember to thank the both of them next time you see them.

See you on the slopes!  
Mark

## Membership Registration Information

Enclosed you'll find this year's membership application. Please remember, you must completely fill out and sign the release notice before you can race. Please ensure that the membership application is completely filled out. Most importantly, I need to make sure that I have your correct e-mail address. Over the past few seasons, we've been able to give schedule updates and provide other pertinent program information via e-mail, making it easier for our racers to have up-to-date information throughout the season. We're also moving toward internet and e-mail distribution of membership renewals and items like the newsletter, so don't get left out of the loop!

Registration in the Far West Masters includes a permanently assigned racing bib, detailed race schedule, entry cards, and our newsletter. Send a \$20 check (\$25 if you elect to receive the newsletter by mail) payable to Masters Series Ski Racing with a completed application form to the address on the application PRIOR TO OCTOBER 31, 2013. USSA and FIS membership information can be found at [USSA.org](http://USSA.org). If you have any questions, don't hesitate to contact any of the board members.

See you in November!

Marcie Pettigrew, Membership VP

*Remember to check out the Far West Masters web site at [www.farwestmasters.org](http://www.farwestmasters.org)*

## KEEPING IN TOUCH

By Deb Lewis

The fall issue of the Forerunner newsletter provides complete information on the upcoming race season. So how do you keep up with "breaking news" once the season gets underway?

### *The farwestmasters.org Web Site*

The most important communication mechanism we have is the farwestmasters.org web site (<http://farwestmasters.org>). The web site is the definitive source for membership and schedule information and news updates throughout the season. News updates are usually posted weekly throughout the season; more frequently when there's late-breaking news about an upcoming event. Race results and seasons standings are posted after every event.

### *Membership Information*

The web site provides information and membership information about USSA masters ski racing and the Far West Masters division. The How to Join page has links to the application forms you need; use the Member Lookup page to check on membership status for any racer. There's also information about training programs, race-oriented shops, and special member offers when available.

### *Schedule and Race Entries*

The Season Schedule page is the focal point for all the information you need about the race schedule. The complete schedule is posted at the beginning of the season, with all available information about entries, fees, location, and organizer contacts. For each event on the schedule there are links provided for printing an event entry form or registering using the SkiRaceReg.com online registration system.

### *The news Email List*

Email "news blasts" are sent to all members who signed up with email contact allowed on their membership form, as well as to anyone who's interested in our news and wants to sign up. The news@farwestmasters.org mailing list is an "announcement only" list – the list is

moderated so that only approved information is sent; this is a low-traffic, no-spam list! If you want to receive the news emails, visit the Communication page on the web site for instructions on how to sign up; email membership @farwestmasters.org if you've recently joined but aren't yet receiving news updates. All messages sent out on the news list should also be posted on the web site News page, so if you think you may have missed something check the web site! Complete historical archives on the news mailing list are also available from the web site.

### *Facebook, Twitter and Beyond*

Far West Masters is on Facebook! Join the group for news and discussions – this is the best way to keep in touch with friends, exchange information, and ask questions. There's also a USSA Masters group, in addition to masters divisions groups from around the country. The Links page on the web site has links to other masters sites and racing resources. The ussa.org site is USSA's official web site with news, resources, and member services for USSA competitors. The ussamasters.org web site publishes news and results from regional and national masters events and includes links to other masters division web sites and Facebook groups.

New for this season, Far West Masters Masters now has a twitter account "@farwestmasters". We will be experimenting with this in the 2013/2014 season and plan to use it for breaking news and time sensitive information such as day of race schedule changes, results updates, weather issues etc.

## **Mammoth Masters Race Camp Week, December 2 – 6, 2013**

This is a week-long camp geared towards the serious racer. Get ready for the competition season and the opening weekend of the Far West Masters racing.

For more information and registration materials e-mail us [racedeparment@mammoth-mtn.com](mailto:racedeparment@mammoth-mtn.com) or call (760) 934-0642.

## FAR WEST MASTERS SCHOLARSHIP PROGRAM

By Sandy Hogan

Far West Masters is very proud of this program, started in 1992. Eddie Mozen continues to lead this effort as he has for the past 22 years, with more than \$750,000 going to deserving Far West junior skiers. Each year up to 50 Far West athletes have received scholarships. A majority of sponsored athletes go on to college, many on ski and scholastic scholarships. The US Ski Team currently has many scholarship alumni currently competing including Marco Sullivan, Stacey Cook, Tim Jitloff, Travis Ganong, Forrest Peterson, and Lila Lapanja.

All money raised comes from Far West Masters racers, supporting sponsors and donors, and all administrative activities involved in the fund-raising and review of athlete scholarship applications are done on a volunteer basis by members of the Far West Masters. This allows us to distribute the funds with no overhead to Far West Junior Athletes.

Our program initially raised money simply by direct contributions from Masters racers. However, over the years the program has expanded to include more fundraisers such as: raffles at most races with great prizes, silent auctions, and a dual race including Masters racers and junior scholarship winners. In addition, the Jeff Wattenmaker scholarship endowment allows us to award a \$10,000 college scholarship yearly to one of our outstanding young athletes.

Our young racers earn their scholarships based on a combination of financial need, ski racing potential and exemplary work ethic. In turn, they must forerun one of our races and speak at that day's awards ceremony. It's always fun to see these hot juniors tear up our courses, and equally impressive to listen to them talk about their goals and desires.

Volunteers are always welcome to help with fund raising, raffles and writing thank you letters. If you would like to help or learn more,

please contact Eddie Mozen. [mozen@concentric.net](mailto:mozen@concentric.net)

*Morganne Murphy – 2013 Jeff Wattenmaker college scholarship awardee*



The Far West Masters Scholarship Program has awarded Morganne Murphy the 2013 Jeff Wattenmaker \$10,000 college scholarship. Jeff Wattenmaker was an avid Masters ski racer who supported the Far West Masters Scholarship Program and its ideals. Prior to his recent passing, he generously arranged to donate funds to expand the Masters Scholarship Program and to thereby make available funding for a University education to members of the Program.

Morganne graduated from Forest Charter High School in Truckee and will she is just beginning Colby-Sawyer College in New Hampshire. She has been sponsored by the Masters Scholarship Program for the past 4 years. She is an active Nationally ranked FIS alpine ski racer on the Squaw Valley Ski Team and competes internationally in skier cross as well. She sustained a season ending knee injury last year and with hard work and persistence recovered to come back stronger than ever. She is an outstanding student who graduated at the top of her class and has served on the Board of Directors for Far West Skiing as the athlete representative for the past 2 years.

*Follow us on Twitter*  
*@farwestmasters*

## Leg Brace Covers for Racing

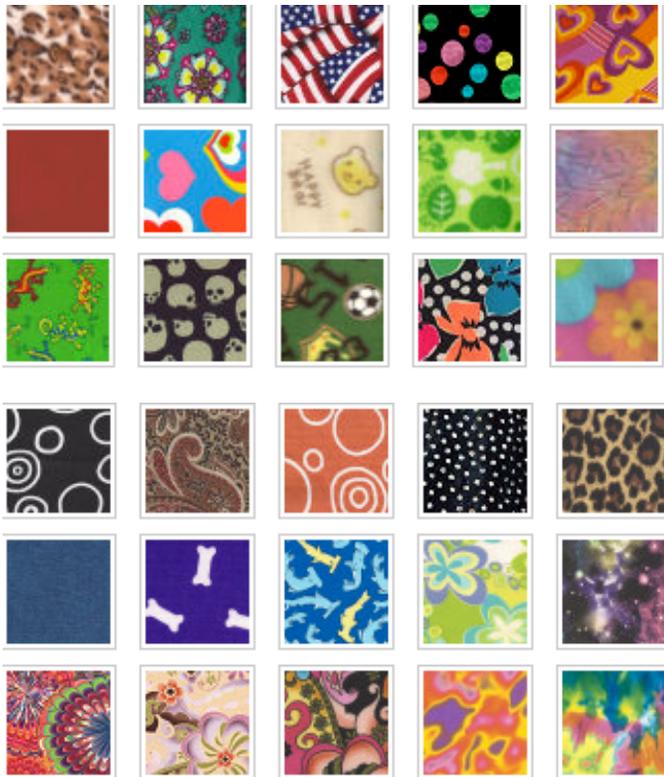
The USSA now requires that leg braces worn during races must be worn under one's speed suit. But if your brace will not fit under your suit there is another answer: Cast Covers!

The product is sold on-line at

<http://www.castcoverz.com/fashion-cast-cover-leg-brace/>

The covers come in a Lycra/Spandex fabric in many colors and patterns, and are cut to your specific size.

Here are just a few of the colors and patterns from which to choose.



## Equipment for Sale

U.S. Ski Team racer and FWM Scholarship alumni Lila Lapanja has the following US Ski Team edition equipment for sale:

- 4 pairs of Fischer SL skis (158 - 160)
- 2 pairs of GS skis (188).

They are in good condition, have thin edges, but they would be great early/camp to mid season training skis for a Masters racer, U14/U16 boy or a U16/U18 girl. Price range is \$50 - \$150 with no bindings. Add \$50 for the Z16. Please contact Eddie Mozen if you are interested.

Eddie also has several items that were donated for the scholarship program that were not bought at the year end final banquet, as follows:

Marco Sullivan:

- Downhill suit used at Wengen in 2012. Blue, XXL
- POC helmet large black and white (DH/SG)
- POC helmet size large, black...special heavy duty model for downhill

Stacey Cook:

- Blue heavy duty ski team jacket with hood, great for cold days. Size XL women's
- Spyder padded farmer john leggings. Size small

Ron Tanzman:

- several large size Phenix heavy jackets

If anyone is interested in purchasing these, the funds go to the scholarship program, contact Eddie Mozen at [mozen@concentric.net](mailto:mozen@concentric.net)

*Remember to post your completed Far West Masters membership renewal no later than October 31<sup>st</sup> to avoid the late penalty*



**2013-2014**  
**Far West Masters Race Schedule**  
<http://farwestmasters.org>

**Online Race Registration:**  
<http://skiracereg.com>

DATE	LOCATION	EVENT	ENTRY FEE / LIFT	SEND ENTRIES TO:
Dec. 7-8	Mammoth Mountain (760) 934-0642 fax: (760) 934-0613	<b>Laura Archibald Memorial</b> Sat: GS, GS Sun: SL	Entry: \$30 per race Lift: TBA	Mammoth Mountain Race Dept. P.O. Box 24 Mammoth Lakes, CA 93546
Dec. 21-22	Alpine Meadows [Squaw Valley RD] (530) 581-7188	SL, SL	Entry: \$30 per race Lift: TBA	Race Services P.O. Box 2007 Olympic Valley, CA 96146
Jan. 10	Heavenly Valley (775) 586-7000 x6208 (530) 542-5133	<b>Viva Italia!</b> SL, SL <i>[Friday doubleheader]</i>	Entry: \$30 per race Lift: TBA	Heavenly Race Department c/o Rick Buxton P.O. Box 2180 Stateline, NV 89449
Jan. 11-12	Sierra at Tahoe (530) 659-7543 x280	GS, GS	Entry: \$30 per race Lift: TBA	Sierra at Tahoe Resort Attn: Competition Department 1111 Sierra at Tahoe Road Twin Bridges, CA 95735
Jan. 23-26	Mammoth Mountain (760) 934-0642 fax: (760) 934-0613	<b>Rick Conrado Memorial</b> Thu DH(t), DH(t) Fri: DH [NSS], DH Sat: SG [NSS], SG Sun: SG, SG	Entry: TBA training \$40 per DH \$40 per SG Lift: TBA	Mammoth Mountain Race Dept. P.O. Box 24 Mammoth Lakes, CA 93546
Feb. 6-9	<i>FIS International Masters / Western Region Championships</i>	SG, SG, SL, SL	<i>Park City UT</i>	<i>See Masters Comp Guide or <a href="http://ussamasters.org">http://ussamasters.org</a></i>
Feb. 22-23	Squaw Valley USA (530) 581-7188	<b>Bernard Cup</b> Sat: SL, SL Sun: GS	Entry: \$30 per race Lift: TBA	Race Services P.O. Box 2007 Olympic Valley, CA 96146
Mar. 8-9	Mt. Rose (775) 849-0704 x 221 (775) 345-6709	<b>McKinney Cup</b> GS, GS	Entry: \$30 per race Lift: TBA	Mt. Rose Race Dept c/o Rees Palermo P.O. Box 428 Verdi, NV 89439
Mar. 17-22	<i>Masters National Championships</i>	<i>DH, SG, GS, SL</i>	<i>Okemo VT</i>	<i>See Masters Comp Guide or <a href="http://ussamasters.org">http://ussamasters.org</a></i>
Mar. 27-29	Mammoth Mountain <i>[or June]</i> (760) 934-0642 fax: (760) 934-0613	<b>Season Finals and Banquet</b> Thu: SG Fri: SL Sat: GS and Banquet	Entry: \$40 SG \$30 GS, SL Banquet: TBA Lift: TBA	Mammoth Mountain Race Dept. P.O. Box 24 Mammoth Lakes, CA 93546
<b>Summary:</b>	8 SL, 8 GS, 5 SG, 2 DH - 23 total (note: national and international events not included in Far West Masters season scoring) 2014 entry fees: \$30 GS / SL races, \$40 SG / DH races			

**Race information details, announcements, and entry forms are posted and updated regularly throughout the season on the web**  
**Far West Masters web site:** <http://farwestmasters.org>

*Last updated: Sep. 29, 2013*



## **Far West Masters Ski Racing Series**

### **2013 – 2014 MEMBERSHIP INFORMATION**

Enclosed you'll find this year's membership renewal packet.

Please ensure that the membership application is completely filled out. Most importantly, I need to make sure that I have your correct e-mail address. Over the past few seasons, we've been able to give schedule updates and provide other pertinent program information via e-mail, making it easier for our racers to have up-to-date information throughout the season. We're also moving toward internet and e-mail distribution of membership renewals and items like the newsletter, so don't get left out of the loop!

We're looking forward to another exciting season of racing. If you have any questions, don't hesitate to contact any of the board members:

<b>President</b>	Mark Mirviss P. O. Box 3293 Olympic Valley, CA 96146 president@farwestmasters.org
<b>Past President</b>	Marietta Frinell Mammoth Lakes, CA 93546
<b>Vice President, Race Scheduling</b>	Mike Braun Mammoth Lakes, CA 93546 mbraun@farwestmasters.org
<b>Vice President, Membership</b>	Marcie Pettigrew P.O. Box 7181 Mammoth Lakes, CA 93546 membership@farwestmasters.org
<b>Vice President, Communications</b>	Hamish Butler Rocklin, CA 95677 forerunner@farwestmasters.org
<b>Secretary</b>	Diann Laing Reno, Nevada, 89511 dlaing@farwestmasters.org
<b>Treasurer</b>	Dan Simmons Davis, CA 95616 dsimmons@farwestmasters.org
<b>VP, Technology and Race Services</b>	Deb Lewis San Clemente, CA 92672 dlewis@farwestmasters.org

See you in December!

Marcie Pettigrew, Membership VP

## Eligibility

For adult, NASTAR, club racers, and good skiers in general. It's USSA sanctioned racing. We welcome racers of all levels – from beginners who enjoy exciting race courses, to former Olympians, U.S. Team Members and everyone in between. The competition is exhilarating!

Men and women age 18 and over may compete in the Far West Masters Ski Racing Series. USSA Masters membership is required. For USSA membership and competition license competitors need to go directly to the USSA web site ([ussa.org](http://ussa.org)) and complete the application process there or write to USSA, P.O. Box 100, Park City, Utah 84060.

Racers may purchase a temporary weekend-only USSA license on the morning of the race for races held within the division. You can purchase a temporary license on two weekends per season for a nominal fee each race. Note that full USSA membership is required for Regional, National and International races.

## Far West Masters Registration

Registration in the Far West Masters includes a permanently assigned racing bib, detailed race schedule, entry cards, and our newsletter. Send a \$20 check (\$25 if you elect to receive the newsletter by mail) payable to **Far West Masters Ski Racing** with a completed application form (enclosed in this packet) to the address on this brochure **PRIOR TO OCTOBER 31, 2013**.

## Age Classes

Men and women race against their age peers in the following **5-year categories** (age on December 31, 2013 – you remain in this class for the entire season):

Class	Age Range	Class	Age Range
	18 – 20	9	60 – 64
1	21-29	9	65-69
2	30 – 34	10	70 – 74
3	35-39	11	75-79
4	40-44	12	80 – 85
5	45-59	13	85-89
6	50 – 54	14	90 and over
7	55-59		

The start order is alternating women and men by class for classes 14 down to 10, in decreasing age order, followed by all remaining women's classes 9 through 1, and then men's classes 9 through 1, unless conditions dictate a change in the start order. In addition, the top 10 men and top 5 women after the first run in SL and GS, regardless of age class, have the option to run in the Open Class. The women's Open class will run after the W06 fifties ladies and the men's Open class will run after the M06 men's fifties class. Start order within age class is by random draw for the first run; second run start order is reverse order of first-run-finish time, i.e., slowest to fastest within class.

For additional information about eligibility, registration procedures, and race rules, please refer to the Masters Competition Guide published annually by USSA and the Race Rules page on the [farwestmasters.org](http://farwestmasters.org) web site at <http://farwestmasters.org/info/racerules>.

# Masters Series Ski Racing of the Far West, Inc.

## 2013-2014 Membership Application

All information must be filled out for your application to be valid. You will be charged a **late fee** if incomplete information causes your application to be filled out after the **10/31/2013** due date.

Name \_\_\_\_\_ Sex:  Male  Female  
 Date of Birth: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_ Bib Number: \_\_\_\_\_  
 (N/A for new members)  
 Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_

Membership Dues and Contributions		
	Renewing	New Members
Membership Fee*	\$20	\$20
<b>Hard copy of the Forerunner newsletter</b> (a Web Based newsletter will be available on our wesite- there is no fee for this)	\$5	\$5
Lost/replacement bib fee (\$15):		NA
<b>Late fee (if postmarked after 10/31/2013, add \$5):</b>		N/A
TOTAL*:		

Make check payable to: Far West Masters Ski Racing  
 Mail to: Marcie Pettigrew  
 P. O. Box 7181  
 Mammoth Lakes, Ca 93546

Roster Information	You WILL be included unless you specifically say NO	
	YES	NO
Is it OK to send news messages to your email address?		
Is it OK to print your name and address for members only?		
Is it OK to print your name and address for sale to vendors?		

For your USSA membership and competition license, please contact the USSA office, or visit [www.ussa.org](http://www.ussa.org):  
 USSA Competition/Masters  
 P.O. Box 100- Park City, UT 84060 - phone number:(435) 649-9090

### ACKNOWLEDGEMENT AND ASSUMPTION OF RISK AND RELEASE

I know that alpine, nordic and freestyle skiing are action sports carrying significant risk of serious personal injury, death or property damage. I also know that there are natural, mechanical, and environmental conditions and risks which independently or in combination with my activities may cause property damage, or severe or even fatal injuries to me or others.

I agree that I alone am responsible for: (a) my safety while participating in competitive events and/or training for competitive events and (b) providing, utilizing and maintaining that equipment necessary for the safe enjoyment of my participation in such events and specifically acknowledge that the following persons or entities including Masters Series Ski Racing of the Far West, Inc., United States Skiing, the United States Skiing Association, the United States Ski Team, the United States Ski Coaches Association, the ski area, the promoters, the sponsors, the organizers, the promoter clubs, the officials and any agent, representative, officer, director, employee, member or affiliate of any person or entity named above are not responsible for my safety, even though that liability may arise out of negligence or carelessness on the part of the persons or entities mentioned above. I agree to accept all responsibility for the risks, conditions, and hazards which may occur whether they now be known or unknown.

Being fully aware of the risks, conditions and hazards of the proposed activity as a competitor, coach or official, I HEREBY AGREE TO WAIVE, RELEASE AND DISCHARGE any and all claims for damages for death, personal injury or property damage which I may have or which may hereafter accrue to me as a result of any participation in competitive events or training for competitive events, against any person or entity identified above whether such injury or damage was foreseeable or not, including all such claims regarding the design or condition of any equipment utilized by me in such competitive events without regard to whether such equipment is specified or recommended by such persons or entities identified above.

I further agree to HOLD HARMLESS and INDEMNIFY all persons and entities identified above, generally and specifically, from any and all liability for death, personal injury or property damage resulting in any way from my participating in competitive events or training for competitive events.

I currently have, and agree to maintain throughout the time that I train and compete, valid and sufficient medical and accident insurance. I understand that this is my sole responsibility and release all persons and entities identified above from providing coverage to me.

I agree that I will accept and abide by the rules and regulations of the U.S.S.A. and any other rules or regulations imposed by the organizers of any particular competition. This Acknowledgment and Assumption of Risk and Release shall be binding upon my heirs and assigns.

Date: \_\_\_\_\_ Signature: \_\_\_\_\_ USSA Number: \_\_\_\_\_

## The Forerunner

Have you moved ? Please let us know. Send your new address, phone number and email information to:

Marcie Pettigrew

P.O. Box 7181  
Mammoth Lakes, CA 93456

Or email [membership@farwestmasters.org](mailto:membership@farwestmasters.org)

Your submissions or photos to this publication are always welcome. Please send articles and/or photos to Hamish Butler, [forerunner@farwestmasters.org](mailto:forerunner@farwestmasters.org)

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<b>Secretary</b>	Diann Laing Reno, Nevada, 89511 <a href="mailto:dlaing@farwestmasters.org">dlaing@farwestmasters.org</a>
<b>Treasurer</b>	Dan Simmons Davis, CA 95616 <a href="mailto:dsimmons@farwestmasters.org">dsimmons@farwestmasters.org</a>
<b>VP, Technology and Race Services</b>	Deb Lewis San Clemente, CA 92672 <a href="mailto:dlewis@farwestmasters.org">dlewis@farwestmasters.org</a>

### From: Far West Masters Racing Series

C/O Marcie Pettigrew  
P.O. Box 7181  
Mammoth Lakes, CA 93456

### Forwarding Service Requested

### Forerunner

<http://www.farwestmasters.org>

To:

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