

# California Fire Police Winter Olympics

## Are you looking for a pre-season boost to your skiing and ski racing??

One of the top ski instructors and ski race coaches is offering participants of the California Fire Police Winter Olympics a pre-season ski and race camp in Kaprun, Austria.

Thomas Gardtman, world-class skier, internationally renowned instructor and coach, is available to provide you with the best in instruction and coaching in all aspects of free skiing and race training. Learn appropriate form and technique for skiing and racing. Increase your speed in slalom and giant slalom. Understand the fundamentals and performance gain of proper ski selection & ski tuning, boot selection & boot tuning, as well as base preparation and waxing. Video taping, video presentations and analyses are combined with on-snow training to enhance the learning experience and progression.

Get the guidance, feedback, and motivation from a customized training program. We help each client to improve his or her performance in the desired area(s) or to become a much stronger, more versatile all-mountain skier.

The following features are included in the two-week gate training program in Kaprun-Kitzsteinhorn, Austria.

- Roundtrip airfare from San Francisco Int'l Airport (air transportation from other destinations can be arranged)
- All ground transportation upon arrival in Europe
- Hotel accommodations (double occupancy)
- Breakfast buffet each morning
- Up to 12 days of skiing
- Coaching in technical free skiing, slalom and giant slalom
- Technical discussions and presentations
- Video, presentation and analysis
- Equipment consultation including ski and boot selection and tuning clinics
- Dryland exercises to enhance on-snow skills

**October 22 to November 5, 2011 (Saturday to Saturday)**

**CFPWO member price: \$3,295.00**

Optional side trips to local towns and points of interest including Kitzbühel (home to the famed Hahnenkamm downhill race), the beautiful medieval city of Salzburg and the Alpine town of Zell am See.

**See you there,**

Steve Lehr

Reno Police Department

Contact:

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